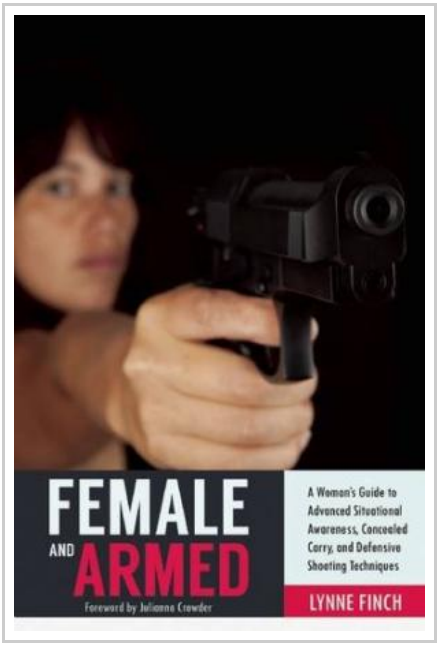


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Female and Armed: A Woman's Guide to Advanced Situational Awareness, Concealed Carry, and Defensive Shooting Techniques

By Lynne Finch

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, Female and Armed: A Woman's Guide to Advanced Situational Awareness, Concealed Carry, and Defensive Shooting Techniques, Lynne Finch, In Female and Armed Lynne Finch offers an information-packed follow-up to her first book, Taking Your First Shot. Based on questions and requests from readers, this book addresses more advanced techniques for personal defense as well as range drills to help readers practice and hone those skills. It's important to know how to defend yourself, and Finch provides the building blocks necessary to successfully navigate some dangerous, real-life scenarios. Be it a carjacking, robbery, or home invasion, readers will learn how to protect themselves and their family. Female and Armed introduces readers to more advanced situational awareness techniques and builds upon their previous shooting experience by teaching them how to responsibly handle and carry a concealed handgun. Finch covers the advances in female holsters and discusses the various ways to carry, as well as the importance of having a primary carry method. In addition to this, topics include handgun retention, defensive draw stroke and defensive reloading, shooting from an unstable platform, and shooting from within a car. Knowing how to handle yourself can make...

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