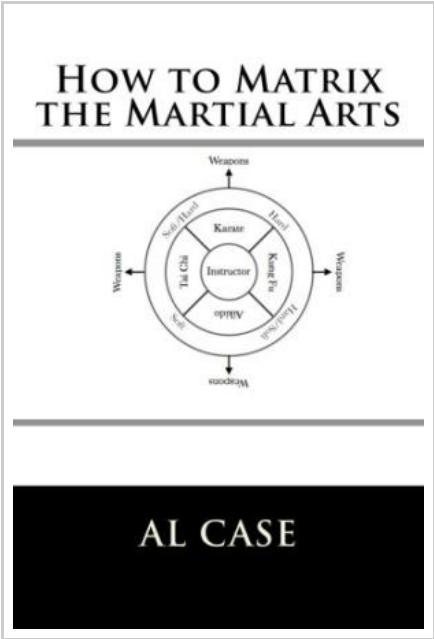



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# How to Matrix the Martial Arts (Paperback)

By Al Case

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.2500 years ago Lao Tze wrote The Tao. 400 years ago Miamoto Musashi wrote The Book of Five Rings. 2015 Al Case wrote How to Matrix the Martial arts. Thus, the martial arts have been reduced from mysticism to actual science. How to Matrix the Martial Arts is the first and only book of it s kind. It completely renders the martial arts into logical and easy to understand science. Included in this book are the mathematics of Matrixing, the geometry, the philosophy, and more. Also included is the complete work Beyond Hands, which contains the complete instructions for the true martial arts. About the Author: Al is the author of over 20 martial arts books,15 video courses, and hundreds of Martial Arts articles. He began his study of the martial arts in 1967. He has studied such arts as Chinese Kenpo, classical and eclectic Karate, Wing Chun, Aikido, Ton Toi Northern Shaolin Kung Fu, Fut Ga Southern Shaolin Kung Fu, Pa Kua Chang, and Tai Chi Chuan. He was a writer for the martial arts magazines, having...

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