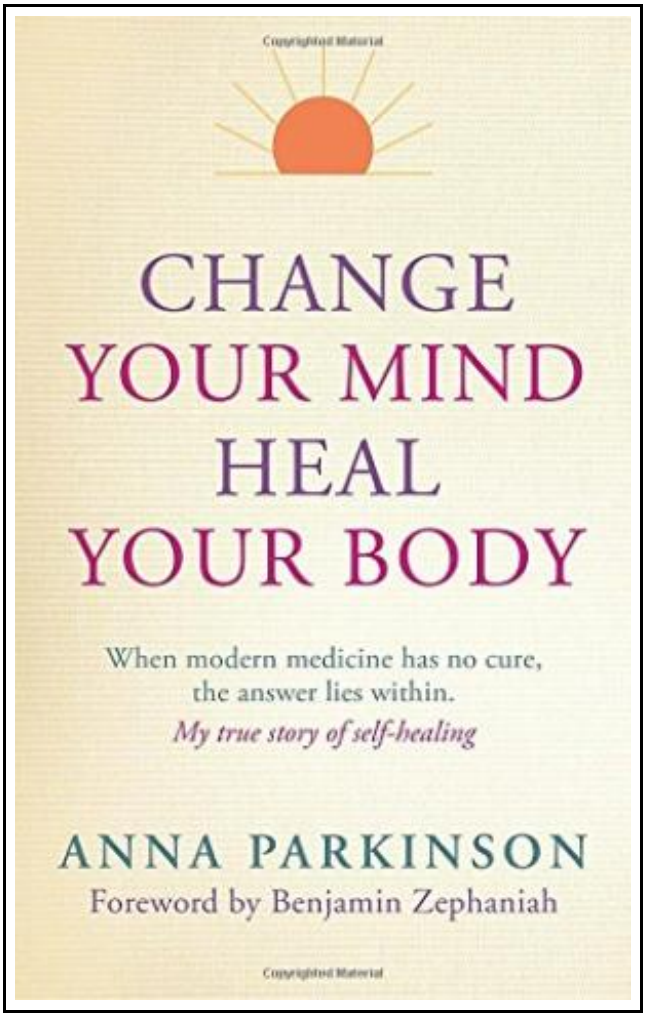
Change Your Mind, Heal Your Body: When Modern Medicine Has No Cure the Answer Lies within. My True Story of Self-Healing



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Reviews

An incredibly awesome publication with perfect and lucid reasons. It can be writter in simple phrases and not confusing. I am just delighted to let you know that this is actually the very best publication i actually have study during my very own lifestyle and could be he best publication for actually.
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Watkins Media. Paperback. Book Condition: new. BRAND NEW, Change Your Mind, Heal Your Body: When Modern Medicine Has No Cure the Answer Lies within. My True Story of Self-Healing, Anna Parkinson, This book is a jargon-free account of a powerful personal story that has resonance for anyone dealing with physical or emotional crisis. It relates the author's conventional life and outlook as a busy BBC journalist and mother. This life was dramatically interrupted when she was diagnosed with a brain tumour while in the process of writing her first book. The reader can identify with the effect of her illness on her and her family. Frustrations with medical system led her to gradually uncover the power of healing. Fascinated with this extraordinary 'parallel world' she shows how she developed her innate healing powers to the point where the MRI scan showed only tiny remnant of the tumour that had once almost destroyed her life. In the process she uses healing to change all aspects of her life and relationships, and to heal others. Anna's experience and the extensive knowledge of different schools of healing that she has acquired since her illness help her to show how everyone can develop their innate power to heal and learn to understand the language of their body. She reinforces her narrative with information that explains clearly and lucidly how healing relates to the scientific discoveries of the last twenty years about how the body functions at a quantum level. The result is a book that is practical and usable as well as a personal and moving account.

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