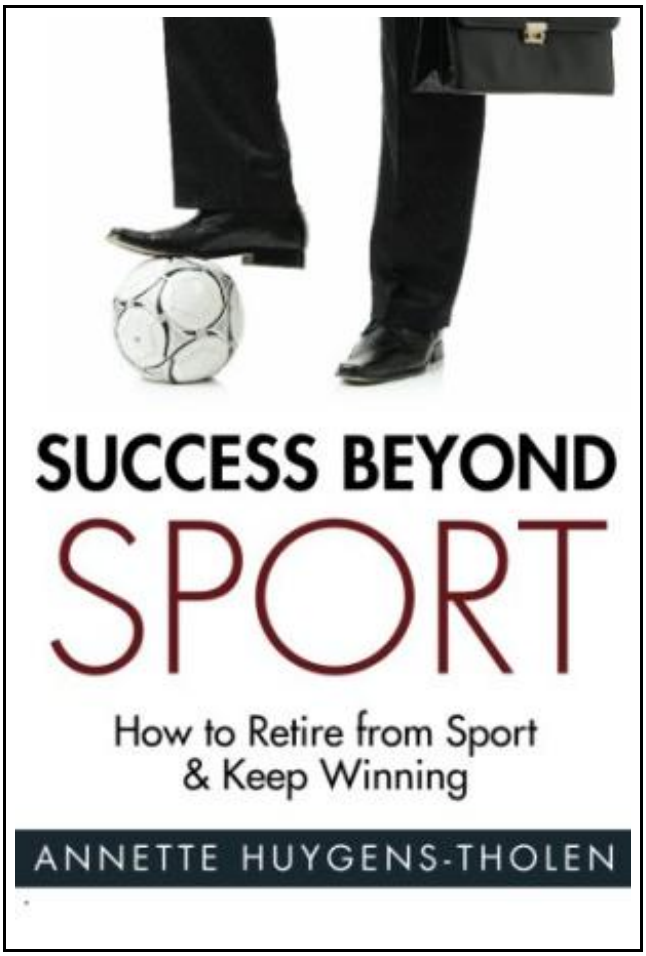
Success Beyond Sport: How to Retire from Sport and Still Keep Winning



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Reviews

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(Dr. Freddie Greenholt Jr.)

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Love Your Life Publishing, Inc. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 9.0in. x 6.0in. x 0.7in.After a successful career in sports, retirement can lead to confusion and a lack of identity for athletes. It doesnt have to be that way. Athletes have skills and talents that will help them build a new life but often need guidance. In Success Beyond Sport, 2000 Olympian Annette Huygens-Tholen, shares the story of her successful transition to the business world after reprenting Australia in Beach Volleyball for 15 years. Huygens-Tholen shares her 8 Winning Steps that will help professional athletes move into a new life after retirement, whether that retirement was due to injury, declining performance, or by choice. The book offers a fascinating look at the life of a high-level professional athlete as well as life lessons that apply to anyone interested in personal and professional development. Readers will learn how to use the skills lead to sporting success in the professional world, how to create goals that will motivate them as much as competition used to, how to see themselves as more than just their sporting history, and to create a plan for a new life that challenges and fulfills them. Forward by Chris Howard, International Lifestyle and Wealth Strategist and Best-selling Author Success Beyond Sport is a must-read for any professional athlete who has put blood, sweat, and tears into his or her sport but must, at some point, retire and become a normal person. Simon Arkell, Two-Time Olympian Extremely helpful in creating momentum and direction in the career search process. Erica Wheeler 1996 Olympian This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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